

POSITION DESCRIPTION



Position Title:	Community Support Worker
Award:	Hobart District Nursing Service Inc. Non-Nursing Agreement 2014
Classification:	Level 1-3
Reporting to:	Community Support Manager
Date Approved:	
Approved By:	Kim Macgowan, Chief Executive

ORGANISATIONAL PURPOSE

The District Nurses (TDN), founded in 1896, is an autonomous, non-government, not for profit organisation providing general and specialist nursing care, personal care and domestic support to the frail elderly, the younger disabled and their carers residing within the community. With a Primary Health Care focus, our service is structured to assist the individual to remain within their own home environment and reduce the occurrence of premature or inappropriate admission to long term residential care. As well as the provision of care to Home and Community Care (HACC) clients, TDN services the Veteran Community and a variety of brokerage clients. We are committed to the delivery of a collaborative, holistic quality service tailored toward the individual client's needs.

OUR VISIONS AND VALUES

- To provide the right care to the right client at the right time, in a manner that is consultative, inclusive and timely to our clients, their families and carers.
- To maintain a primary health care focus in the delivery of all services

POSITION OBJECTIVES

To provide a range of practical, basic household tasks and personal care activities to the clients and their families, which promote independence and enhances their quality of life.

COMMON RESPONSIBILITIES

- Basic household tasks. Typical duties include:
 - Vacuuming/cleaning/mopping of internal "lived in" areas (bedroom, hall, lounge, bathroom, kitchen),
 - Washing dishes, cleaning benchtops and appliances, superficial cleaning of ovens and refrigerators,
 - Cleaning laundry and bathroom areas, basins, baths, shower recesses, toilets),
 - Changing bed linen, and
 - Washing and ironing personal clothing.
- Assist with meal, snack preparation and hydration based on nutritional requirements,
- Assist with washing, bathing and/or showering,
- Assist with dressing and grooming,

- Fitting of medical devices,
- Assist with application and management of continence aids,
- Assist with parenteral feeding devices,
- Assisting with prescribed exercises and/or therapies,
- Assist with medication administration (limited),
- Undertake shopping and correspondence as required,
- Banking or bill paying as per service plan and within TDN guidelines,
- Escort duties by arrangement (for example, doctor's appointments, shopping), and
- Provide respite care.
- Encourage and promote independence and the development of coping strategies,
- Monitor clients circumstances and needs and ensure any concerns or changes are reported immediately, and
- Encourage client participation in household and personal care tasks where appropriate
- Attend in service meetings when scheduled

KEY RESPONSIBILITIES

The CSW will work in collaboration with health professionals to ensure that care provided to HACC clients adheres to a wellness model of care.

Undertake a range of personal assistant tasks, and other associated activities as determined by the Coordinator to assist clients or family units with daily living requirements.

As determined by the assessed Service Plan, undertake social support and monitoring role of clients being assisted.

Community Support Worker's scope of practice does not include duties of a nursing nature (i.e. wound management).

Provide care to clients and their families in a professional manner, working within the HACC and/or DVA guidelines and TDN policies and procedures. Provide feedback to relevant Coordinator on a regular basis, reporting changed client needs in a timely fashion.

Community Support workers do not have the authority to amend a service plan.

KEY BEHAVIOUR REQUIREMENTS

All TDN employees must abide by the TDN *Code of Conduct*. In addition to this, employees will undertake their duties in a manner that supports the Organisation's mission and values through demonstrating:

- **Integrity:** Honesty, open and transparent, admit mistakes, maintain confidentiality, fairness, builds trust
- **Compassion:** Empathy, sensitivity, concern for others, interacts with dignity, tolerance, anticipates needs
- **Accountability:** understands roles, uses resources wisely, delivers on time, timely decision making, achieves goals, takes responsibility for performance
- **Respect:** Builds relationships, courteous, listens and understands, gives and receives, provides feedback, sensitivity and understanding, values difference and individual worth
- **Excellence:** supports creativity and innovation, proactive and solution focused, seeks out opportunities, embraces quality improvement, professionalism.

ORGANISATIONAL RELATIONSHIPS

Reports to: Community Support Manager

ESSENTIAL REQUIREMENTS

Evidence of the following must be provided prior to appoint to the position:

- Minimum Cert III in Individual Support (formally Cert III in Aged Care)
- National Police Conviction Check
- Pre-employment Medical
- Current drivers license

SELECTION CRITERIA

- Demonstrated knowledge of safe work practices
- Previous experience working with elderly or younger disabled
- Ability to work independently and to respond appropriately to situations, including emergencies
- Good time management skills and ability to follow care plans
- Good interpersonal skills and empathy for the elderly and younger disabled
- Awareness of special needs including cultural and linguistic concerns
- Commitment to ongoing professional development
- Working knowledge of HACCC/DVA guidelines
- Basic computer literacy

WORKING ENVIRONMENT

TDN is committed to providing the highest levels of healthcare and services, and values equity and diversity with a zero tolerance policy on discrimination. We also value initiative, flexibility, creativity, teamwork, our code of conduct, workplace health and safety, performance management and development and the capacity to make a difference.

TDN is a smoke free environment with smoking also prohibited in our vehicles.

PHYSICAL REQUIREMENTS OF THE POSITION

Applicants must successfully complete an Occupational Health Assessment prior to commencing employment at The District Nurses. Employees have an obligation to report any deviation from the assessed results during the course of their employment. Inability to functionally perform the duties as stated in this position description may result in termination of employment.

The functional requirements of this position include:

Condition/Activity	constant	frequent	occasional	N/A
Manual handling – weights above 10kg			x	
Manual handling – weights below 10kg		X		
Manual handling frequency		X		
Repetitive manual work		X		
Working with arms above head			X	
Lifting above shoulder height			X	
Using hand tools – (powered)				X
Wearing hearing protection				X
Wearing eye protection			X	
Wearing gloves (personal protective)			X	
Working in wet/slippery conditions		X		
Working with chemicals/solvent/detergents		X		
Washing hands with soap		X		
Working in confined places				X
Performing clerical/administrative duties				X
Working on a keyboard				X
Driving fleet vehicles (manual and automatic)		X		
Driving on suburban and rural roads, highways (sealed and unsealed roads)			X	
Driving at night				X
Wearing polyester clothing				X
Exposure to animals			x	
Exposure to environments whereby people have been smoking			X	

DECLARATION

In signing this declaration I acknowledge that I, _____
Have been advised of the requirements and conditions of this appointment based on this Position Description.

Signed: _____ Date : _____
Employee

Signed: _____ Date: _____
(Director)