



Home Care Packages

For more information on the State wide services provided by The District Nurses contact:

HEAD OFFICE

2 Birdwood Avenue, Moonah 7009
PO Box 1025, Glenorchy 7010
P (03) 6208 0500 F (03) 6273 3002
thedistrictnurses.org.au



The District Nurses

SINCE 1896

The District Nurses is one of Tasmania's oldest and best loved community organisations.

We've been providing services to Tasmanians in their own homes since 1896.

Our purpose:
"Committed to care".



The District Nurses provides Home Care Packages across Tasmania.

There are **four levels** of Home Care Packages:

LEVEL 1 Basic care and support needs

LEVEL 2 Low level care and support needs

LEVEL 3 Intermediate care and support needs

LEVEL 4 High level care and support needs

All of our Home Care Packages will help you stay healthy and independent at home and within your community.

Our Registered Community Nurse Navigator will help you receive the services you need – delivered the way you want.

Unlike other providers, The District Nurses won't charge you an exit fee, should you need to change to another Home Care Package provider.

Home Care services:

- Assistance to appointments
- Assistance with household tasks
- Care planning
- Case management
- Continence management
- End of life care



- Gardening
- Help with showering and dressing
- Home maintenance
- Meal preparation
- Medication assistance
- Nail care
- Nursing services
- Purchase of health related products
- Referral to other specialists
- Respite services
- Shopping assistance
- Social support
- Staying Active Staying Independent wellness program (SASI)