

# TDN WELLNESS HUB FEBRUARY 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 <b>BINGO</b>	3	4	5	6
7	8 <b>PUBLIC HOLIDAY</b>	9 <b>MEDITATION AND YOGA</b>	10 <b>CRAFT</b>	11	12	13
14	15 <b>LOCATION LUNCH CARLYLE HOTEL</b>	16 <b>ADVOCACY TASMANIA INFO SESSION</b>	17 <b>EXERCISE CLASS</b>	18	19	20
21	22 <b>HOME SUPPORT INFO SESSION</b>	23 <b>CRAFT</b>	24 <b>BOOK CLUB</b>	25	26	27
28						

The District Nurses



**BOOKINGS ARE ESSENTIAL FOR ALL SESSIONS,  
PLEASE CALL THE DISTRICT NURSES ON 62080500 TO BOOK**